

Rotary
District 3860



CREATE HOPE
in the **WORLD**

San Juanico Tacloban

Rotary

Club



The **TRIBUNE**

**OFFICIAL CLUB BULLETIN OF
ROTARY CLUB OF SAN JUANICO**



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ROTARY CLUB OF SAN JUANICO OFFICERS RY 2023-2024

- Club President:** Jeric Dane G. Granados
- Club Immediate Past President:** Mariel D. Claros
- Club President- Elect:** Erwin Vincent G. Alcala
- Club Vice President:** Jorge D. Yu
- Club Executive Secretary:** Joerge Brosas
- Club Secretary:** Edward De Jesus
- Club Treasurer:** Mariel D. Claros
- Club Protocol Officer:** Francisco Darang, Jr.
- Club Administration Chair:** Maria Wilma Pascua
- Club Membership Chair:** Estefano V. Ruiz
- Club New Generation Chair:** Jonell Martin A. Que
- Club Public Image Chair:** Winston Yao Cabigon
- Club Service Projects Chair:** Victorio Esperas
- Club Learning Facilitator:** Richard Uy
- Club Foundation Chair:** Johny C. Go



Presidential Message

The World Health Organization designates 10 October as World Mental Health Day, and with Rotary placing a special focus on mental health this year, I would like to help answer the question posed to me most often when I travel to meet members: How can my club get started?

There are some wonderful examples of Rotary members taking action already. In the Philippines, the Rotary Club of Tiaong-Hiyas held a 12-week health challenge for mothers in the community to promote some baseline health screenings and coaching on a healthier lifestyle.

By the end of the challenge, the mothers had a special bond and decided to form a Rotary Community Corps called Ilaw ng Tahanan ("one who lights up the home") with the goal of involving more mothers in health education and wellness support – and later youth services, teen pregnancy prevention, and help with unhealthy substance use. Almost a year later, the RCC is preparing to open its own health center where mothers can come for peer-to-peer support.

Another strong example is in Colorado. In the fall of 2021, a small group of stakeholders from the Rotary Club of Highlands Ranch formed the Rotary Clubs of Colorado Endowed Fellowship for Pediatric Mental Health, which enhances the ability of Children's Hospital Colorado to recruit and train pediatric psychiatry providers and allows the hospital network to make additional appointments. This increases access to mental health care for children and decreases provider shortages.



Since then, the project has brought on new supporters and is now fully funded with a \$500,000 endowment. Investment income from this endowment will support a fellow – a psychologist or psychiatrist – at Children's Hospital. A new fellow will be named every one to two years, beginning spring of 2024. Over time this will create a cohort to bolster the mental health workforce, treating kids from all 64 Colorado counties and neighboring states.

There are many more great mental health project stories on Rotary Showcase, and I invite you to share your experiences as you begin your own projects. Also, please reach out to mindhealth@rotary.org with any thoughts or ideas you would like to share about mental health in the Rotary world.

On 10 October, I will host a Facebook Live event when we will recognize World Mental Health Day and further explore how Rotary members can begin this journey. But I would like to leave you with one way every Rotary member can make a difference. Right now, there is someone you know in the Rotary world – in your club, from a project you've worked on, in a Rotary Fellowship or Rotary Action Group – who could use a little more of your time and attention. Rotary is this great gift of global friendship, and that also means being there for each other. Discovering the human connections that bind us is what we do through our membership every day. It's what Rotary has always been about, and we can build on it by helping each other find peace at home.

We need to learn how to ask not just "How are you?" but also "How are you really?" By doing so, Rotary can continue to Create Hope in the World.





President's Message

Greetings to all Rotarians!

As we enter the month of October, it is crucial for us as members of the Rotary community to reflect on the impact we have made and the work that still lies ahead. This month presents us with new opportunities to serve, to lead, and to inspire positive change in our communities and beyond.

Let us strive to make a difference in the lives of those in need, to promote peace and understanding, and to uphold the highest ethical standards in all that we do.

I urge each and every one of you to embrace the spirit of Rotary this month and beyond. Let us work together towards a brighter future, where all people can live with dignity and hope. Together, we can make a real and lasting impact on the world.

JERIC DANE GRANADOS
President RY 2023-2024



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October

ROTARY INTERNATIONAL MULTI DISTRICT PRESIDENTS-ELECT TRAINING SEMINAR (PRE-PETS) October 8, 2023



Rotary San Juanico's President Elect Erwin Alcala, along with some officers, recently attended the Rotary International Multi District Presidents-Elect Training Seminar (PRE-PETS) at Okada Hotel on October 8, 2023. This event provided them with valuable insights, knowledge, and skills that will undoubtedly benefit their leadership roles within the organization.

IN THIS ISSUE...

- Rotary International Multi District Presidents-Elect Training Seminar (PRE-PETS)
- Water and Sanitation Project





By attending seminars like PRE-PETS, the Rotary Club of San Juanico demonstrates a commitment to continuous learning and improvement, which are essential qualities for effective leadership. The knowledge and best practices gained from such events can be instrumental in driving positive change and making a lasting impact within the Rotary community.



As President Elect, Erwin Alcala has the opportunity to inspire and mobilize others towards Rotary's noble causes. His participation in training seminars not only enhances his own leadership capabilities but also equips him with the tools to empower and support his fellow Rotarians. By investing in his personal development, Erwin Alcala sets a strong example for others to follow, fostering a culture of growth and excellence within the club.



The TRIBUNE



WATER AND SANITATION PROJECT: Turn Over of 5 Jetmatic Pumps

October 25, 2023

The Rotary Club of San Juanico is proud to announce the successful completion of the Water and Sanitation Project in partnership with the Rotary Club of Bagumbayan-Manila. This project aims to provide clean and accessible water to communities in need, specifically through the installation of 5 Jetmatic Pumps in strategic locations.





“Water is life, and clean water means health”

-Audrey Hepburn



Access to clean water is a basic human right, yet many communities around the world still lack this essential resource. By implementing the Water and Sanitation Project, we are not only providing immediate relief to these communities but also ensuring a sustainable solution for the future.

The turnover of the 5 Jetmatic Pumps signifies a significant milestone in our mission to improve the quality of life for those in need. These pumps will not only provide clean water for drinking and sanitation purposes but also reduce the risk of waterborne diseases that are prevalent in areas with poor water quality.



Members of Rotary are
#PeopleofAction
Every. Single. Day.



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THE OBJECT OF ROTARY

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- FIRST.** The development of acquaintance as an opportunity for service;
SECOND. High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
THIRD. The application of the ideal of service in each Rotarian's personal, business, and community life;
FOURTH. The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

THE FOUR WAY TEST

Of the things we think, say or do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?